

Art & Group Spiritual Direction

Offered by Katie Warren ~ Potter's Touch Provider of Spiritual Direction

Group Spiritual direction is a process in which a group of people meet on a regular basis in an atmosphere of prayer to pay attention to the movement of the Holy Spirit in their lives. The confidential spiritual direction group provides a safe haven for discernment. Spiritual direction nurtures awareness between our longing for God and our daily choices.

- The making of prayer cards using the SoulCollage® process is an avenue for coming close to God through art as prayer. The making of the art is an intuitive process. The use of images, intuition and imagination helps us to express our prayers in ways that go beyond what words can often express. When we start, we do not know where we will go. We cannot know the things we will learn or experience, but we can trust the Spirit's leading.
- The art component provides a way for communicating with God through the use of images, color, shapes, etc. as we invite our spiritual self to open to a new creation. The combination of the art experience and reflection with the group creates a link that strengthens us in our journey with God. Previous art experience/talent not required.
- Groups meet once monthly for 3 hours. Group sharing is confidential. Cost: \$250 for 9 sessions beginning in September 2016-May 2017. Prayer cards included in the cost. Call Katie at 828-275-3971 or email katieswarren@charter.net to register or for more information. Group size is limited. Additional details sent upon registration. A \$50 non-refundable deposit is required at registration. Checks are payable to Katie Warren.



Katie Warren, MAEd. is a trained spiritual director, SoulCollage® facilitator and an emerging artist. Katie provides individual spiritual direction and art and group spiritual direction with the Potter's Touch a United Methodist Spiritual Guidance Network in the Western North Carolina Conference of the UMC. Katie is a member of Hearts on Fire (Fellowship of United Methodist Spiritual Directors & Retreat Leaders) and Spiritual Directors International. She leads workshops and retreats in a variety of venues. Katie formerly served member of the School of the Spirit leadership team and is an active member of a centering prayer group.